

## INTELLECTUAL WELL-BEING IN RELATION TO REFINEMENT AMONG JUVENILES

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### ABSTRACT

All experiences of our life give us education such experiences have direct education effect upon us. Education is a lifelong process. It starts with conception and ends with death. Man has become a victim of the confusion and mental illness. Majesty of the human beings are dissatisfied, unhappy and discontented and all these factors lead to disturbed mental health. Everyone knows that sound mental health is a root of sound habits and habits are formed among children during infancy years. Home is physical unit in society, Which exerts a great influence upon the mental health of adolescents. The role of mental health in human life is very important as it plays role not only in the lives of individual, but also in the life of societies. Good health depends on the state of both mind and body. Each exerts a direct influence on the other, but owing to the power of mind over nature, good mental health is of supreme importance. The present study has social and educational importance as it will deal with the adjustment of youth who are the maker of society.

**KEYWORDS:** Intellectual Well-Being, Refinement, Juveniles